PSY 224 ABNORMAL PSYCHOLOGY (CRN: 62153)
3 Credits
Online

INSTRUCTOR: Lisamarie Bensman, Ph.D.
OFFICE: Na‘auao 122
OFFICE HOURS: Drop-in (no appointment needed): MW 11 – 11.30 a.m. & 2.15 – 4 p.m.
By-appointment: MW 4 – 5 p.m. and other days/times as arranged
Online office hours also available by request, days/times flexible
EMAIL: bensman@hawaii.edu
EFFECTIVE DATE: Spring 2018

WINDWARD COMMUNITY COLLEGE MISSION STATEMENT
Windward Community College offers innovative programs in the arts and sciences and opportunities to gain knowledge and understanding of Hawai‘i and its unique heritage. With a special commitment to support the access and educational needs of Native Hawaiians, we provide O‘ahu’s Ko‘olau region and beyond with liberal arts, career and lifelong learning in a supportive and challenging environment — inspiring students to excellence.

CATALOG DESCRIPTION
Presents concepts and principles used in clinical practice: dynamics, diagnosis, and treatment of abnormal behavior. Compares and contrasts the different patterns of abnormal behavior. Examines the differences in theoretical models for understanding maladaptive behavior. DS (3 hours lecture).

Recommended Preparation: PSY 100.

This is a distance learning class conducted via the internet using Laulima, the University of Hawai‘i’s web-based course management system and LaunchPad, the textbook companion website. A web-based course such as this one requires that you have computer literacy skills.

STUDENT LEARNING OUTCOMES
Upon completion of the course, the student will be able to:

1. Compare and contrast historical and current theories of abnormal behavior.
2. Identify and describe different types of abnormal behavior and the "best practice" therapies associated with each type.
3. Apply the principles of psychology to their own thoughts and feelings.
4. Illustrate understanding of the role of culture, ethnicity, and socio-economic factors in defining abnormal behavior.
COURSE TASKS.
Because this course is conducted via the internet, our class communication, instruction, and assignments will all be online. We have two websites that we will use throughout the semester, Laulima and LaunchPad. Laulima is WCC’s online course management system, which you might have used in previous courses. On Laulima, you will find our official class gradebook, resource folders for each unit (including supplemental PowerPoints), class announcements, class discussion boards, and our syllabus along with a number of other useful tools. Access to Laulima requires your regular school username and password.

Our second website, LaunchPad, is used in conjunction with our class textbook. Access to LaunchPad comes packaged with your book through the bookstore. If you purchase your book elsewhere, you will need to purchase access to LaunchPad separately, which you can do using the link below. Access to LaunchPad is necessary to complete many of the graded assignments for our course. You can temporarily access LaunchPad for free by clicking the ‘Temporary Access’ button on the website (see below for address). Your temporary access will expire 21 days after your first login. The temporary access comes with an eBook, so you can start on our assignments before you have a chance to stop by the bookstore.

When you register for LaunchPad, please use your name of record with the school so that I may match your work to the gradebook.

Follow the steps below to get started with LaunchPad

1. Go to http://www.macmillanhighered.com/launchpad/comerabpsych9e/7251368
2. Bookmark the page to make it easy to return to.
3. If you have an access code, click the button "Enter Your Student Access Code" in the upper right corner and follow the instructions.
4. If you don't have an access code, either click the "Purchase Access" or "Temporary Access" button.
5. If you have any problems registering, purchasing, or logging in, please contact Technical Support. You can reach a representative 24 hours a day, 7 days a week: through our online form, by chat or from 9 a.m. to 3 a.m. EST, 7 days a week by phone at (800) 936-6899 System Requirements: www.macmillanhighered.com/sysreq
6. Firefox is the recommended browser.

When signing up for LaunchPad, make sure to use the website address provide above and to confirm that you are registering for the correct course. If you sign up for the wrong course, I won’t be able to see your scores so you won’t earn credit for your work.

When you complete work in LaunchPad, please take a screen shot of the completion screen and also confirm that your score is available in the LaunchPad gradebook. The screen shot will serve as your proof of completion if there is a website error, in which case, you will need your screen shot to receive credit.

You are responsible for keeping up in this class: your diligence in logging in regularly to the class websites and engaging in a timely fashion is essential to your success. No late work is accepted in this class without written verification of extenuating medical or legal circumstances along with instructor approval.
You will have an opportunity to demonstrate what you’ve learned in this course using a variety of different formats. As you will see, you will be submitting more work for this class than you likely do for most of your face-to-face courses. Since this is an asynchronous online course, I need to be able to measure how well you are keeping up with the materials; these assignments allow me to gauge how well you are keeping up with and understanding the course material.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chapter videos:</td>
<td>17 x 5 points = 85 points</td>
</tr>
<tr>
<td>Quizzes:</td>
<td>17 x 16 points = 272 points</td>
</tr>
<tr>
<td>Unit projects:</td>
<td>4 x 36 points = 144 points</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td><strong>501 points</strong></td>
</tr>
</tbody>
</table>

**Chapter videos (5 points each, highest 17 scores count, 85 points total)**
For each chapter, using LaunchPad you will complete a short, interactive video activity related to the chapter topic. These videos are “choose your own adventure” style in that you get to select which video activity you would like to complete for the chapter. For example, chapter 1 has three video activities options (“Shameful Past”, “Early Treatments”, and “City of Gheel”). Select and complete whichever interactive video is most appealing to you. The computer will score your response to the video based on the accuracies of your answers. The highest possible score is 5 points and your response may only be scored once. If you do not score as highly on an interactive video as you would like, you may complete an additional interactive video activity (or two) for said chapter. For example, if you first complete “Shameful Past” for chapter 1 and scored 4 out of 5 points, you could also take “Early Treatments” and/or “City of Gheel” to try to score 5 out of 5 points on the second (or third) video activity. I will count your highest scoring video activity per chapter. There are 19 chapters and I will count your highest video activity score from 17 chapters (i.e. you can skip the videos from two chapters without any penalty). Late video activities are not accepted.

**Quizzes (16 points each, highest 17 scores count, 272 points total)**
For each chapter, you will complete a quiz using LaunchPad. Quizzes are open-book, open - notes but should be entirely your own work. **These quizzes work on the mastery system, so you may submit a quiz as many times as you desire before the deadline and the score from your highest attempt counts.** Each quiz is worth 16 points. Late quizzes are not accepted. There are 19 assigned quizzes and I will count your highest 17 scores (i.e. you can skip two quizzes without any penalty).

**Unit Projects (36 points each, highest 4 scores count, 144 points total)**
For each unit, you will complete a project related to both the unit topic and our course theme (mental illness stigma). Projects may be done individually or in collaboration with up to 3 other students. Project content will vary unit to unit but each will involve posting to Laulima and submitting a report of your findings. Details on each individual project are posted on Laulima under the “Resources” tab. Regardless of the specific project, your response should make use of the information from the textbook and posted materials and be thoughtful and thorough. Projects will be graded on quality of your work, with a maximum score of 36 points per project. Late projects are not accepted. There are 5 assigned projects and I will count your highest 4 scores (i.e. you can skip one projects without any penalty).
**IMPORTANT NOTE:**
Do not wait until the last day to do your work because all kinds of problems can happen. This is online course reality. If you experience problems at the last minute and miss course work, your grade will be recorded as a zero.

**COURSE CONTENT**

Schedule (tentative and subject to change):

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Topic</th>
<th>Assignments Due</th>
</tr>
</thead>
</table>
| 1       | Abnormal Psychology: Past & Present | Jan. 11th – Chapter 1 Video Activity  
|         |       | Jan. 14th – Chapter 1 Quiz  
| 2       | Research in Abnormal Psychology | Jan. 17th – Chapter 2 Video Activity  
|         |       | Jan. 19th – Chapter 2 Quiz  
| 3       | Models of Abnormality | Jan. 21st – Chapter 3 Video Activity  
|         |       | Jan. 23rd – Chapter 3 Quiz  
| 4       | Clinical Assessment, Diagnosis, & Treatment | Jan. 25th – Chapter 4 Video Activity  
|         |       | Jan. 29th – Chapter 4 Quiz & Abnormal Unit Project  
| 5       | Anxiety & Obsessive-Compulsive Disorders | Jan. 31st – Chapter 5 Video Activity  
|         |       | Feb. 3rd – Chapter 5 Quiz  
| 6       | Disorders of Trauma & Stress | Feb. 5th – Chapter 6 Video Activity  
|         |       | Feb. 8th – Chapter 6 Quiz  
| 7       | Depressive & Bipolar Disorders | Feb. 10th – Chapter 7 Video Activity  
|         |       | Feb. 13th – Chapter 7 Quiz  
| 8       | Treatments for Depressive & Bipolar Disorders | Feb. 15th – Chapter 8 Video Activity  
|         |       | Feb. 18th – Chapter 8 Quiz  
| 9       | Suicide | Feb. 20th – Chapter 9 Video Activity  
|         |       | Feb. 24th – Chapter 9 Quiz & Anxiety/Mood Unit Project  
| 10      | Disorders Featuring Somatic Symptoms | Feb. 26th – Chapter 10 Video Activity  
|         |       | March 1st – Chapter 10 Quiz  
| 11      | Eating Disorders | March 3rd – Chapter 11 Video Activity  
|         |       | March 7th – Chapter 11 Quiz  
| 12      | Substance Use & Addictive Disorders | March 9th – Chapter 12 Video Activity  
|         |       | March 12th – Chapter 12 Quiz  
| 13      | Disorders of Sex & Gender | March 14th – Chapter 13 Video Activity  
|         |       | March 18th – Chapter 13 Quiz & Mind/Body Unit Project  
| 14      | Schizophrenia | March 20th – Chapter 14 Video Activity  
|         |       | March 23rd – Chapter 14 Quiz  
| 15      | March 24th – 31st: Spring Break, No Work Due |
Assigned work is due by 11:59 p.m. on the date it is listed. Late work is not accepted.

**ASSESSMENT TASKS AND GRADING**

Students often worry about their progress in a course, and sometimes ask their instructors to calculate their grade for them. In this course, my goal for the grading system is to be as clear as possible so that you are always aware of your standing in the course. I have provided this worksheet for you to fill in your assignment grades as the semester progresses.

<table>
<thead>
<tr>
<th></th>
<th>Treatment for Schizophrenia &amp; Other Severe Mental Disorders</th>
<th>April 4th – Chapter 15 Video Activity</th>
<th>April 7th – Chapter 15 Quiz &amp; Psychosis Unit Project</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Life Span Problems</strong></td>
<td>16 Personality Disorders</td>
<td>April 10th – Chapter 16 Video Activity</td>
<td>April 13th – Chapter 16 Quiz</td>
</tr>
<tr>
<td></td>
<td>17 Disorders Common for Children &amp; Adolescents</td>
<td>April 16th – Chapter 17 Video Activity</td>
<td>April 19th – Chapter 17 Quiz</td>
</tr>
<tr>
<td></td>
<td>18 Disorders of Aging &amp; Cognition</td>
<td>April 22nd – Chapter 18 Video Activity</td>
<td>April 26th – Chapter 18 Quiz &amp; Life Span Unit Project</td>
</tr>
<tr>
<td></td>
<td>19 Law, Society, and the Mental Health Profession</td>
<td>April 29th – Chapter 19 Video Activity</td>
<td>May 2nd – Chapter 19 Quiz</td>
</tr>
</tbody>
</table>

**Video Activities**

- Ch. 1: ____/ 5 points
- Ch. 2: ____/ 5 points
- Ch. 3: ____/ 5 points
- Ch. 4: ____/ 5 points
- Ch. 5: ____/ 5 points
- Ch. 6: ____/ 5 points
- Ch. 7: ____/ 5 points
- Ch. 8: ____/ 5 points
- Ch. 9: ____/ 5 points
- Ch. 10: ____/ 5 points
- Ch. 11: ____/ 5 points
- Ch. 12: ____/ 5 points
- Ch. 13: ____/ 5 points
- Ch. 14: ____/ 5 points
- Ch. 15: ____/ 5 points
- Ch. 16: ____/ 5 points
- Ch. 17: ____/ 5 points
- Ch. 18: ____/ 5 points
- Ch. 19: ____/ 5 points

**Quizzes**

- Ch. 1: ____/ 16 points
- Ch. 2: ____/ 16 points
- Ch. 3: ____/ 16 points
- Ch. 4: ____/ 16 points
- Ch. 5: ____/ 16 points
- Ch. 6: ____/ 16 points
- Ch. 7: ____/ 16 points
- Ch. 8: ____/ 16 points
- Ch. 9: ____/ 16 points
- Ch. 10: ____/ 16 points
- Ch. 11: ____/ 16 points
- Ch. 12: ____/ 16 points
- Ch. 13: ____/ 16 points
- Ch. 14: ____/ 16 points
- Ch. 15: ____/ 16 points
- Ch. 16: ____/ 16 points
- Ch. 17: ____/ 16 points
- Ch. 18: ____/ 16 points
- Ch. 19: ____/ 16 points

**Unit Projects**

- Abnormal Unit: ____/ 36 points
- Anxiety Unit: ____/ 36 points
- Mind/Body Unit: ____/ 36 points
- Psychosis Unit: ____/ 36 points
- Life Span Unit: ____/ 36 points

**Highest 17 video scores:** ____/ 85 points

**Highest 17 quiz scores:** ____/ 273 points

**Highest 4 unit project scores:** ____/ 144 points
Grading:
I will use the following scale to determine the final grade that you earned:

- **A** = 501 – 450 points [percentage of 90 – 100%]
- **B** = 449.9 – 400 points [percentage of 80 – 89.9%]
- **C** = 399.9 – 350 points [percentage of 70 – 79.9%]
- **D** = 349.9 – 300 points [percentage of 60 – 69.9%]
- **F** = Below 300 points [percentage below 60%]

**LEARNING RESOURCES**

Our required materials for the course:

Access to the companion website, LaunchPad, is also required for the course. A website access code comes bundled with the textbook if you purchase the textbook bundle in the bookstore (make sure not to throw out your access code, which will be on a slip of paper inside the textbook bundle). If you prefer an e-Book, you may purchase access to just LaunchPad (which comes with an e-Book).

Additional course materials will be available on Laulima.

**Recommended Reading Resources:**


**Campus Resources:**
TRIO: Tutoring and resource center for low-income, first-generation, and/or students with disabilities.

Peer Mentoring: tutoring and mentoring for any student in need of tutoring or educational support (see your campus counselor at Student Services).

Library Study Services: See the librarian for additional details.

EBSCOHost Journal Online DataBase can be accessed through the Library Website: http://library.wcc.hawaii.edu

**Student Resources:**
Ka Piko is WCC’s academic support hub. Please visit: https://windward.hawaii.edu/kapiko/

**Additional Information**
I am here to help you succeed in this course. Please don’t hesitate to email me if you have any questions, concerns, or problems. At any point in the semester, if you have concerns about our
class that you would prefer not to discuss with me, the Social Sciences department chair, Dr. Frank Palacat (palacatf@hawaii.edu), is available as a resource.

Plagiarism/Cheating: I take both plagiarism and cheating very seriously. If I believe you have plagiarized (intentionally or unintentionally) or cheated, you will earn a zero for that assignment, no exceptions. A second instance of either will result in failure of the course (i.e. two instances of plagiarism, two instances of cheating or an instance of plagiarism and an instance of cheating).

Late assignments: Late assignments will not be accepted, excepted in cases of serious documented emergencies. This determination is made by me; please contact me as soon as you anticipate/are aware of a problem.

I strongly uphold the University of Hawai‘i’s non-discrimination policy in my class. Any discriminatory acts or language on the basis of race, religion, sex, gender, age, national origin, ancestry, disability, or sexual orientation will NOT be tolerated. We will maintain our classroom as a safe environment for all.

MySuccess
At Windward Community College, we want every student to be successful. To help with this, early intervention will be offered through MySuccess. MySuccess is a system wide effort that seeks to support students early in the semester when they first begin experiencing difficulty in class. If I feel that you're having difficulty in our class within the first few weeks of the semester (e.g. missing assignments or low assignment scores) and working together shows that you would really benefit from being connected to supportive resources outside of the classroom, I may refer you to an assigned counselor. Once referred, MySuccess will:

- Call you and send an email to your Hawaii.edu account to let you know about my referral; and
- Have an academic counselor follow up with you by phone or by email to find out what kinds of help you might need and connect you with the necessary resources to help you devise a strategy for success.

I will not refer you without telling you. If I do refer you, know that I am doing so in an effort to connect you with all of the help you may need to do well this semester as your success is important to me.

DISABILITIES ACCOMMODATION STATEMENT
If you have a physical, sensory, health, cognitive, or mental health disability that could limit your ability to fully participate in this class, you are encouraged to contact the Disability Specialist Counselor to discuss reasonable accommodations that will help you succeed in this class. Ann Lemke can be reached at 235-7448, lemke@hawaii.edu, or you may stop by Hale ‘Akoakoa 213 for more information.
Title IX

Title IX prohibits discrimination on the basis of sex in education programs and activities that receive federal financial assistance. Specifically, Title IX prohibits sex discrimination; sexual harassment and gender-based harassment, including harassment based on actual or perceived sex, gender, sexual orientation, gender identity, or gender expression; sexual assault; sexual exploitation; domestic violence; dating violence; and stalking. For more information regarding your rights under Title IX, please visit: https://windward.hawaii.edu/Title_IX/.

Windward Community College (WCC) is committed to the pursuit of equal education. If you or someone you know has experienced sex discrimination or gender-based violence, WCC has resources to support you. To speak with someone confidentially, contact Karla Silva-Park, Mental Health Counselor, at 808-235-7468 or karlas@hawaii.edu or Kaahu Alo, Designated Confidential Advocate for Students, at 808-235-7354 or kaahualo@hawaii.edu. To make a formal report, contact the Title IX Coordinator at 808-235-7393 or wcctix@hawaii.edu.